

APYArte Inc: Amendment to Unilateral Article Writer Submission Contract

Thank you for considering to write an article based on *ancestral, cultural, native, indigenous health care systems* (as opposed to combining many things from many health systems as some specialists in specific types of alternative health care believe this may not be of as much help as expected, they believe some suggested activities may cancel each other out or reduce effectiveness in suggested remedies and activities) in synchronicity with APYArte's mission, vision, purpose and goals (MVPG).

Please read and precisely follow the instructions as indicated for consideration of your submitted article. Any omission shall immediately invalidate your request and no further contact shall be made. In addition, any and all information submitted shall be immediately deleted from APYArte files.

1. Send your resume with your complete legal name, along with the name you wish to be recognized as, including a physical address, email, phone number, SM information and three references (one personal, two professional) to include their contact information and related SM information. A P.O. box will not be accepted on its own. It may be included with the physical address.
 - a) Include all your SM information including any website you may have or regularly post on.
 - b) Indicate how you would like to be named and contact information to use when submitting to SM Platforms if different than indicated in your resume. Please note this clearly otherwise the legal name and email will be used.
 - i. If you desire anonymity please indicate it or if you just wish your name used and not your contact information please also indicate that clearly with your information. If not clearly indicated your name and contact information may be shared.
 - c) Upon submitting your name and contact information to be used if different than your legal name, you hereby indicate that these names and addresses are specifically attributed to you and not a third party.
 - i. If upon review a third party is encountered regarding your affiliation not indicated and approved by APYArte your article shall be pulled where possible. In addition to and also if not possible to delete your article a clarification statement from APYArte shall be posted and your legal name and email address shall be provided to the public to relieve APYArte of all liability related to your circumstances and situation.
 - ii. By submission of your article you accept all liability, regardless of culpability, for any incorrect or outdated information submitted to APYArte regarding your contact information connected to a third party.
2. Send a bio to include the area of health specialty, how acquired that knowledge (apprenticeship – formal informal, formal university studies – Ex: Apprenticeship – formal informal, formal university studies, I grew up in XXX town. I belong to XXX tribe. I come from 7 generations of healers and each generation has passed down information about the remedies we use for us and our community XXX in our country of origin XXX.)
 - a) Indicate examples of what is mainly treated or addressed and how you continue with such practices. If you have formal education please indicate your actual clinical practice and

- experience. (I so dislike this term as our clients are typically not part of a clinical environment but are part of millennia of healing practices adopted and promoted by said culture.)
- b) Indicate how long and where you have studied, practiced etc. this ancestral, cultural, native, indigenous health care system.
3. No longer than one page, your statement of intention. Why is it you wish to write an article with us? Do you wish to write more than one article? Why?
- a) If you are a student and need practical experience please attach the appropriate documentation required by your professor and/or school/college/university. We shall abide by the request as long as it complies with APYArte Inc mission, vision, purpose, goal. If not we shall inform you that we can not accept you as a student practitioner.
- b) However, you may still submit again your article without receiving any school credit and/or recognition and inform us that you will proceed without APYArte fulfilling any school requirements.
4. Submission of your documents along with the signed contract confirms you have not written the article for anyone else and have not used it in any of your sites or submitted it to anyone else for submission.
5. You will permit us 6 months to publish the article as many times as APYArte understands appropriate and in different and multiple SM platforms we deem appropriate after which time you can publish on any site and will inform us of where it has been published. You will be contacted each time the article is submitted and notified where it is being shared.
- a) We will not publish it after 6 months unless we have informed you prior that it will be published for the first time during a specific time and you will refrain from submitting it elsewhere until we have published it per our new indicated timeline to not exceed three months from the original 6 months indicated.
6. APYArte Inc shall not be charged by you or any third party you may be affiliated with for submission of your article to our SM sites including but not limited to our website.
7. Submission of your article/s confirm that the article/s is/are written by you, not AI (excluding grammar and spelling checks) and any claim by a third party the right to such article, all cost shall be borne by you including any legal, administrative, etc. actions and penalties, fee imposed shall be borne by you.
8. Submission of your picture/illustration confirms that any picture/s/illustration/s included with the article/s is not subject to any copyright and if so you are solely responsible for any payments to the third party claiming such copyright.
- a) If no picture is included APYArte will use its sole discretion to include an appropriate image including APYArte logo if no image has been decided upon.
- b) Pictures or illustrations to be accepted in JPEG, PNG or GIF format only. APYArte will follow SM requirements to submit. If your picture or illustration exceeds the size permitted it will not be included with your article. APYArte then shall submit their own picture, illustration or logo.
- i. Note that APYArte uses only creative common permitted pictures or logos that are property of APYArte or used with permission of the partner illustrator.
- ii. If your picture or illustration is not accepted and a partner illustration is used, it may have photographer or illustrator copyrights attached. Please contact them or us for more information if you wish to reproduce said picture or illustration.

- iii. Otherwise any uncertainty regarding said photo or illustration will impede that it will be used by APYArte and APYArte will proceed to either use a creative common permitted picture or APYArte logo.
- c) Any actions that APYArte Inc has been requested to comply with due to breach of any of the conditions indicated shall be borne by you the author regardless of culpability as APYArte Inc is a non-profit and can not bear and is not authorized by the Board members to cover any costs related to any third party claims of any kind.
 - i. Any actions that APYArte Inc has to comply with that costs any fees shall be negated, not accepted and shall be informed to the third party, forwarded and charged to you the writer regardless of culpability.
 - ii. Any third party informing APYArte of any breach with them in regards to your article/s or your illustration/picture/s shall be notified of your contact information and a copy of this contract shall be submitted hereby informing the third party of your acceptance of responsibility over any claim and that such claims can not be attributed to APYArte.
- d) If APYArte agrees to publish, we will put in your contact information as clearly specified by you.
- e) APYArte will indicate we do not endorse you but recognize that you share aspects that promote the purpose of our mission and wish to share your knowledge and expertise with our readers.
 - i. Acceptance of this unilateral contract indicates that you have read APYArte's Mission, Vision, Purpose and Goal prior and agree to APYArte terms.
- f) After submission by APYArte to its SM platforms and terms indicated in this amendment, APYArte shall have no obligation to maintain submitted and distributed information.

9. REQUIREMENTS FOR ARTICLE TOPIC AND SUBMISSION:

- a) **Topic must have, mention, and be related to an ancestral, cultural, native, indigenous system of health and related self health help movements.** We disseminate information about ancestral, cultural, native, indigenous **health systems** practiced around the world so it may be incorporated into our lifestyles for overall well being. If not sure, go to APYArte Inc FB or Linked pages and view our list of articles that show how these linkages are indicated.
- b) Articles must be submitted in Word Perfect or Libre Office (open source) format along with an identical copy in PDF format. We shall not alter your article if accepted for publication under our SM platforms.
 - i. You may include hashtags as long as they are not linked to any platform that endorses you, the writer and/or illustrator or a third party to which you may be affiliated.
- c) APYArte will abide by the word/character limit imposed by SM. If your article exceeds or is not acceptable by one SM we retain the right to submit it to other SM platforms. We may inform you if the work/character limits were exceeded and as such not used by APYArte in said SM and request you resubmit per the SM platform guidelines. You may redact and resubmit said article and a new agreement shall be signed as the article will not be the same as originally submitted.
 - i. If you are submitting a revised version due to prior non-acceptance please indicate the name of the article with "Revised", what was revised (ex, reduced number of words) and date of revision on contract.

- d) Pictures/illustrations shall be submitted in PDF and PNG or GIF format. APYArte will abide by format, size and other attributes indicated by SM platform. If the picture/illustration/s is/are not acceptable APYArte, assuming the article is approved for submission, APYArte will submit with an alternative picture/illustration or APYArte logo at APYArte's discretion.
- e) The writer will indicate in the contract, the name/names and number of articles submitting and attach copies via formats indicated in the amendment when submitting all the information requested.
- f) The writer will indicate in the contract the name/name and number of pictures/illustrations submitting and attach copies via formats indicated in the amendment when submitting all the information requested.
 - i. If Writer is not submitting any pictures/illustrations, "none" shall be indicated in the contract and corresponding section regarding pictures and illustrations as indicated in this amendment shall apply.

10. ADDITIONAL AND OPTIONAL YOUTUBE VIDEO/S

- a) If the writer is interested in having an accompanying video/s the following parameters indicated below are required.
 - i. If the writer is not interested in having an accompanying video/s the writer shall indicate "none" in the contract in the corresponding section. The writer may just include the mandatory first video and not submit a second video where the writer shall indicate "none" under #2.
- b) The writer should use a background image that promotes APYArte's MVGP.
- c) The writer acknowledges that APYArte may use the first video in perpetuity with no other liens, charges, or restrictions of any type of attachment to the use of such video.
- d) The writer shall submit two videos that are created by the writer and not created by a third party.
 - i. Areas that indicate XXX are to be filled in by the writer.
- e) The videos shall include the APYArte logo and website. The APYArte logo shall be submitted to the writer upon request.
 - i. The first video is mandatory should the writer be interested in submitting videos. It shall indicate the following and should be approximately 30 seconds long.
 - 1. The first video shall be titled and underlined when submitted: Contrib Writer Intro (XXX Initials of Writer in capital letters) XXX (complete year of submission) APYArte. It should look like: Contrib Writer Intro NMRB 2025 APYArte
 - 2. Mandatory script: (Do not mention the name and/or title of your article in this script.)
 - Hi friends (or any appropriate greeting typical and customary to writer). I'm XXX (name) a volunteer XXX (writer or author - you can choose) for the 501 (c) 3 non profit APYArte Inc. My area of speciality is XXX. I acquired this knowledge XXX. I believe in, just like APYArte, ancestral, cultural, native and indigenous healing systems because XXX. I can be reached at XXX website or XXX email. You can read my article on APYArte's SM platforms. Be sure to like and follow APYArte on FB,

Linked in and you can find out more information about their services and products on www.APYArte.com

- ii. The second video should introduce and indicate the name and/or title of your article, **must mention and be related to an ancestral, cultural, native, indigenous system of health and related self health help movement.**
 1. The name of the second video shall be titled and underlined when submitted: Contrib Writer (Abbreviated name of article) (Initials of Writer in capital letters) XXX (Complete year of submission) APYArte It should look like: Contrib Writer Leeches and my Lupus NMRB 2025 APYArte
 2. The second video shall be used to promote your specific article and may be used multiple times throughout the term indicated in the contract.
 3. The video should be approximately 1 to 1 ½ minutes long. It should complement your article but should not repeat what the article indicates.
- iii. Your second video may include or mention your contact information once throughout the video either verbally on the screen. You may not remove APYArte logo or contact information from the video.
- f) APYArte retains the right to accept, reject or request modification of the video submitted in order to post on APYArte YouTube Channel.
- g) If you decide not to submit a video, APYArte shall not create a video/s to introduce you, the writer or the topic of your article/s and shall be under no obligation to create, produce or submit one to you or any third party.

11. PROMOTION

- a) APYArte shall upon approval of the article, and/or picture/illustration/ and/or video/s submit to its SM platforms. It is recommended that the writer also share APYArte contact information which includes its website: www.APYArte.com along with APYArte's SM platforms which are currently FB and Linked in. APYArte shall in the near future incorporate SM platforms such as, but not limited to Instagram and YouTube.
- b) Acceptance of this unilateral contract indicates you accept promotion to the indicated SM platforms and any future platform not included in this amendment.
- c) You may also promote your submissions in these platforms under the APYArte name or more specifically, via our website www.APYArte.com that shall reference our SM platforms.

UNILATERAL VOLUNTEER CONTENT WRITER AGREEMENT

This Unilateral Non-Disclosure Agreement, known as the "Agreement", is made this ____ day of _____, 20____ by and between _____, known as the "Writer" who is an adult with capacity to enter into this unilateral agreement, from the City of _____, State of _____, and APYArte a registered 501(c) 3 known as the "Recipient", and collectively known as the "Parties".

1. The purpose of this Unilateral Volunteer Content Writer Agreement is for an **ancestral, cultural, native, indigenous system health practitioner and possibly also a recipient of such healing system** to share their knowledge freely, without cost to Recipient and Recipient's readers/followers, etc., to include as wide an audience as possible via all communications means possible. The Writer freely accepts to submit information with no compensation of any kind except the possibility of submission by the Recipient to their SM platforms as indicated in the amendment.
2. The Writer acknowledges the information they share is true and based on their personal knowledge and/or experience and/or formal education and enters into this agreement freely as an adult with humanitarian intentions to promote ancestral, cultural, native and indigenous health system information.
3. Definition of Confidentiality. As used in this Agreement, "Confidential Information" refers to any information which has commercial value and is but not limited to photographs, illustrations, sketches, drawings, written documents, obtained by or created by and related to the vision, mission, goals and objectives of the Recipient current, future and proposed products and services.
 - a) Once the attachments are submitted along with and indicated in this contract, the Writer releases the confidentiality of these attachments and allows the Recipient the use of the information attached as per the attached amendment hereby releasing any confidentiality claims over the attachments indicated below in this contract.
4. Nondisclosure and Nonuse Obligations. Recipient informs that prior to any possible release of submitted information that Recipient shall disclose Confidential Information only to those of its employees and/or volunteers who need to know such information and certifies that such employees and volunteers have previously signed a document with Recipient regarding Recipient's and their obligations regarding confidential information.
5. Unauthorized 3rd party use. APYArte Inc is not responsible for any information that may be stolen or lost from APYArte Inc. As a nonprofit we maintain virus protection within our means but recognize that many digital and related system hackers and thieves are beyond our control and means that exceed the normal virus protection systems available to regular consumers. This includes non malevolent disappearance of your information. For example,

but not limited to an electrical black out that causes the computer system and backup system to be destroyed. Upon submission of your article to APYArte Inc you recognize and accept that APYArte shall not be responsible for the loss of your article for any destructive acts of man or acts of nature.

6. Survival. This Agreement shall govern all communications between the Parties. Writer and Recipient understands that its obligations under Paragraph 2 ("Nondisclosure and Nonuse Obligations") shall survive the termination of any other relationship between the Parties.

a) Termination is regarded as submission of the article as indicated in the amendment or upon limited extension of terms as indicated in the amendment.

b) A non accepted article has no binding authority over the Recipient as per the terms indicated in the amendment.

7. Governing Law. This Agreement shall be governed in all respects by the Federal laws of the United States of America, the laws of the Commonwealth of Puerto Rico a United States Territory and any agreed upon terms as indicated in this contract and attached amendment.

8. Injunctive Relief. Writer holds harmless Recipient under all possible types of breaches manifested by Recipient. A breach of any of the promises or agreements contained herein that may result in irreparable and continuing damage to Recipient for which there will be no adequate remedy at law, and as such Recipient shall be entitled to injunctive relief and/or a decree for specific performance and such other relief as may be proper (including monetary damages if appropriate).

9. Severability. The provisions of this Agreement are independent of and separable from each other, and no provision shall be affected or rendered invalid or unenforceable by virtue of the fact that for any reason any other or others of them may be invalid or unenforceable in whole or in part.

10. Entire Agreement. This Agreement along with the amendment constitutes the entire Agreement. This Agreement may only be changed by mutual agreement of authorized representatives of the parties in writing.

11. Article Submission: (Each submission to be included in format indicated in amendment and enumerated in this document.)

Name of Article/s:

12. Picture/Illustration/s Submission: (Indicate each submission and which article to which it should be attached.)

Name of Picture/s/Illustration/s: (and specify type of picture, example b/w sketch, photograph taken by writer...)

13. Video Submissions:

#1:

2:

IN WITNESS WHEREOF, the Parties have executed this Agreement as of the dates written below. One Amendment attached. Amendment 5 pages, Unilateral Contract 3 pages. Total of 8 pages.

Info to be sent to APYArteinfo@gmail.com

APYArte Inc.
Board of Directors
Nimia M. Ramos Beauchamp CEO

Writer's Signature

Date _____ month, _____, day, _____ year.

Print Name

Address

Email

Phone